

Activity	Location	Area	Day	Time	Contact
Coffee Mornings and Afternoon Tea					
Coffee Morning	Belmont Nursing Home	Stocksbridge	Last Friday	10:00-12:00	0114 283 1030
Coffee Morning	St Mary's the Virgin	Ecclesfield	Tuesday and Friday	10:00-12:30	0114 257 0002
Cake My Day	Parson Cross Forum	Parson Cross	Tuesday	12:00—14:00	0114 327 9727
Lunch Clubs					
Lunch Club	Zion Church Hall	Outibridge	1st and 3rd Wednesday	12:00-13:30	0114 286 4427
Polly's Parlour	Hillsborough Trinity	Hillsborough	Wednesday	10:00-13:00	0114 249 4182
Lunch Club	Hillsborough Trinity	Hillsborough	Friday (fortnightly)	Ring for times	0114 249 4182
Community Café	Grenoside Reading Room	Grenoside	Monday	09:00-14:00	0114 246 3692
Unforgettable Me Not Memory Café	Parson Cross Forum	Parson Cross	Monday, Tuesday and Friday	09:30-11:30	0114 327 9727
Lunch Club	Parson Cross Forum	Parson Cross	Wednesday and Friday	11:45-13:30	0114 327 9727
Café	77 Laird Road (Café and Charity Shop)	Wisewood	Monday—Friday	09:00-15:00	0114 327 0808
Singing and Dancing					
Sequence Dancing	Parson Cross Forum	Parson Cross	Thursday	12:30—14:30	0114 3279727
Disco and Karaoke	British Royal Legion	Chapelton	Sunday	15:30– 20:00	0114 246 7567
Singing for the Soul	Parson Cross Forum	Parson Cross	Wednesday	10:00-11:30	0114 327 9727
Choir	The Venue	Stocksbridge	Tuesday	19:30-21:30	0114 283 8692
Musical Memories	The Venue	Stocksbridge	1st Friday	13:00-15:00	0114 283 8692
Support Groups and Therapy					
The Meeting Place Social Café	Christ Church—ring first	Stocksbridge	Monday	10:00	0114 288 7899
Persistent Pain Group	Darnall Primary Care Centre	Darnall	1st Friday	11:00-12:00	0114 249 6315
Companions Group	Hillsborough Trinity	Hillsborough	Alternate Wednesdays	13:00-15:00	0114 249 4182
Memory Café	The Venue	Stocksbridge	1st Thursday	10:00-12:00	0114 283 8692
Men's Club	Leisure United Thorncliffe	Thorncliffe	Tuesday	19:00-21:00	0114 284 6642
Osteoporosis Support Group	Osteoporosis 2000, Hillsborough Barracks	Hillsborough	Monday—Friday	10:00-15:00	0114 234 4433
Exercise					
Step Out—Walking Group	Ring for details	Various	Various	Various	07505 639 524
Dance Fit	Burton Street Foundation	Hillsborough	Thursday	10:00-11:00	0114 233 2908
High Green Walking Group	Packhorse Lane (opposite Council Office)	High Green	Tuesday		
Batters Group	Parson Cross Forum	Parson Cross	Thursday	10:00-12:00	0114 327 9727
Young at Heart	Parson Cross Forum	Parson Cross	Tuesday	13:30-14:30	0114 327 9727
Zumba	The Venue	Stocksbridge	Monday	09:30-10:30	0114 283 8692
Chair Aerobics	Ecclesfield Library	Ecclesfield	Thursday	11:00-12:30	0114 246 3615
Bowls	Thorncliffe Bowling Club	High Green	Tuesday (Mar-Sep)	13:30-16:00	0114 246 6363
Young at Heart	Grenoside Community Centre	Grenoside	Friday - Ring first	09:45-11:30	0114 246 9053
Safe Zone Archery	Joseph Stone Centre	Mosborough	Tuesday	12:45-14:15	07527 118 968
Inclusive Games	Joseph Stone Centre	Mosborough	Wednesday	11:45-13:15	07527 118 968
Osteoporosis Exercise Group	The Methodist Church Chapelton	Chapelton	Monday	10:00-11:00	07841011730
Dementia Friendly Swimming	Concord Sports Centre	Shiregreen	Thursday	10:00-10:45	0114 257 0053
Aqua Aerobics	Hillsborough Leisure Centre	Hillsborough	Monday, Wednesday and Friday	10:00, 12:35, 10:00	0114 231 2233
Indoor Carpet Bowling	Parson Cross Forum	Parson Cross	Wednesday	09:30 - 11:00	0114 327 9727
Aqua Aerobics	Concord Sports Centre	Shiregreen	Friday	13:15 - 14:00	0114 257 0053
Agewell (50+ fitness and social)	Shiregreen Community Centre	Shiregreen	Thursday	10:00-12:00	0114 245 6087
Walking Football	Parson Cross Forum	Parson Cross	Wednesday	14:00-13:00	0114 327 9727
Clubs and Societies					
Art Class	The Venue	Stocksbridge	Monday	10:00-12:00	0114 283 8692
Art Club	Shirecliffe Community Forum	Shirecliffe	Tuesday	10:00-12:00	0114 232 6201
Royal British Legion	Ecclesfield Road	Chapelton	Open Lunchtimes and Evenings	11:30-00:00	0114 246 7567
Knit and Natter	Hillsborough Trinity	Hillsborough	Alternate Wednesdays	13:00-15:00	0114 249 4182
Friendship and Cash Bingo	Parson Cross Forum	Parson Cross	Monday	12:45-14:30	0114 327 9727
Bridge Group	The Venue	Stocksbridge	Tuesday	14:00-16:30	0114 283 8692
Drop-in Group	The Venue	Stocksbridge	Friday	10:00-14:30	0114 283 8692
Digital Drop In	Stocksbridge Library	Stocksbridge	Friday	10:00-12:00	0114 273 4205
Ladies Craft Class	Grenoside Community Centre	Grenoside	Thursday (fortnightly)	10:00-12:00	0114 246 2629
Drop in and Draw	Parson Cross Library	Parson Cross	Thursday	14:00-16:00	0114 203 9533