

Activity	Location	Area	Day	Time	Contact
Coffee Mornings & Afternoon Tea					
Coffee Morning	The Salvation Army Royston Corps	Royston	Tuesday, Friday	09:00-11:30	01226 727 203
Coffee Morning and Bingo	Kirk View Community Centre	Hoyland	Tuesday and Thursday	10:00-12:00	07802 853 615
Coffee Morning	Hunningly Wesleyan Reform Church	Stairfoot	Friday	09:30-11:30	01226212277
Coffee Club	St Edwards Church	Barnsley	Tuesday	10:00-12:00	01226 299 091
Coffee Morning	Roundhouse Library	Athersley South	Thursday	10:00-12:00	01226773555
Afternoon Tea	Tankersley Hub	Tankersley	Tuesday	13:00	01226 280 057
Lunch Clubs					
Lunch Club	Travellers Inn Dodworth	Dodworth	2nd Wednesday	13:00—15:00	07407 221098
Tinkers Café Lunch Club	Tinkers Café	Hoyland	Wednesday	12:00-14:00	01226 776820
Luncheon Club (Crafts)	Mencap, Compass House	Barnsley	Thursday	10:00-14:30	01226 779 919
BIADS Lunch Club	Joseph Exley House	Barnsley	Wednesday (pre book)	12:30-14:30	01226 280057
BIADS Time 4 Tea	Joseph Exley House	Barnsley	2nd Monday	13:00-15:00	01226 280 057
Happy Vibes Memory Cafe	Penistone Leisure Centre	Penistone	Monday (fortnightly)	13:30-15:30	07957 916048
Lunch Club	St Michael and All Angels Church Hall	Wombwell	Thursday	12:00-1:30	01226 732096
Singing and Dancing					
North Gawber Male Voice Choir	Mapplewell Village Hall	Mapplewell	Monday	19:00-21:00	01226 206766
Singing Group	St Johns Church	Penistone	Last Tuesday	13:30-15:00	01226 776 820
Sequence Dancing	Birdwell Community Hall	Birdwell	Tuesday	14:00-16:00	07512206285
Ballroom Dancing	Mapplewell Village Hall	Mapplewell	Monday	13:30-15:30	01226 381 006
Support Groups and Therapy					
BIADS Carer Support Group	Joseph Exley House	Barnsley	Tuesday and Thursday	13:00-14:00	01226 280 057
BIADS Friday Drop In	Joseph Exley House	Barnsley	Friday	10:00-12:00	01226 280057
Healthy Living	Tankersley Hub	Tankersley	Wednesday	10:00-12:00	01226 744520
Over 50's Wellness Group	Darton Darby & Joan	Darton	Tuesday	10:00-11:00	01226 776820
Men in Sheds	The Newburgh Building	Barnsley	Thursday	09:30-15:00	01226 730412
Thursday's Voice	Barnsley Civic	Barnsley	Thursday	10:30-12:30	01226 705957
Exercise					
Gentle Exercise	Saint Mary Magdalene Church	Lundwood	Monday (must book)	10:00	07896 709091
Cancer Rehabilitation	Mind Body & Spirit Studio Barnsley	Dodworth Road	Tuesday	13:00	07769 996438
Pilates	Mind Body & Spirit Studio Barnsley	Dodworth Road	Monday—Wednesday	18:00	07769 996438
NHS Falls Prevention Class	St Andrew's Square Community Centre	Bolton upon Dearnew	Monday	10:00-11:30	07713 510910
Tai Chi	Penistone Leisure Centre	Penistone	Monday	10:00-11:30	01226 763949
Movement for Healthy Ageing	Thurgoland Village Hall	Thurgoland	Monday	11:45-13:00	07936362578
Over 50's Aerobics	Metrodome Leisure Complex	Barnsley	Thursday	10:30-11:30	01226 730 060
50+ Exercise	Roundhouse Library	Athersley	Monday	18:15	01226 773555
Forever Young Exercise Group	Mapplewell Village Hall	Mapplewell	Wednesday	10:00-11:00	07947 563806
Social Exercise	Dearne	Thurnscoe	Monday	10:00-12:00	07895 725377
Table Tennis	Valley Community Centre	Cudworth	Tuesday	14:00	07512206285
Chair Fitness	Penistone Leisure Centre	Penistone	Monday	12:30-13:30	01226 763 949
Clubs and Societies					
Take a Bow Theatre Group	Mencap, Compass House	Barnsley	Wednesday	13:00-16:00	01226 779 919
Bible Fellowship	The Salvation Army Royston Corps	Royston	Wednesday	15:30	01226 727 203
Senior Screen Presentations	Parkway Cinema	Barnsley	Wednesday	10:30	01226 248 218
Mindfulness Colouring	Roundhouse Library	Athersley	Monday	13:30-14:30	01226 773555
Healthy Ageing Exercise Class	Mapplewell Village Hall	Mapplewell	Wednesday	10:00-11:00	01226 381 006
Reader Group	Thurnscoe Library	Thurnscoe	First Tuesday	14:00-15:00	01709890001
Community Gardening	Springvale Community Centre	Penistone	Wednesday & Saturday	10:00-14:00	01226 776 820
Knit and Natter	Wombwell Library	Wombwell	Monday	10:00-11:00	01226 776 820
Crafts 'n' Chat	Worsbrough Library	Worsborough	Tuesday	10:00-12:00	01226 203372