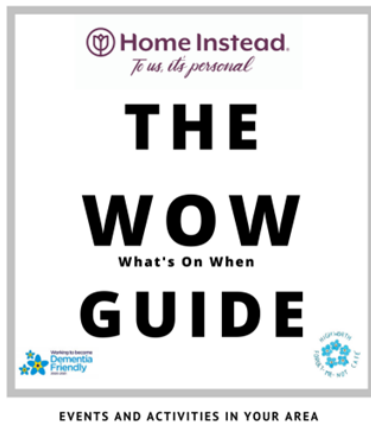


Swindon WOW Guide V1 Dementia Community Calendar September to December 2024



The Dementia Community Calendar is a handy calendar about groups and events specifically for those living with dementia in and around Swindon, over a 4 month period. These and many more activities suitable for older people in general are also available in the main Swindon WOW Guide.

Both the Swindon WOW Guide and the Dementia Community Calendar are put together by Home Instead Swindon, in partnership with the Swindon Dementia Action Alliance and the local dementia-friendly community. To be added to the email distribution list for either please contact:

cat.attewell@homeinsteadswindon.co.uk or call 01793 234 439.



Scan this QR Code with your smart phone camera to find this document on line.

This takes you to the Swindon WOW Guide webpage where both the Swindon WOW Guide and the Dementia Community Calendar can be found. Once on the webpage **scroll down** to find the link to the Dementia Community Calendar below the link to the Swindon WOW Guide.



Swindon Dementia Community Calendar is produced by Home Instead Swindon

For Care Enquiries: www.homeinstead.co.uk/swindon or call 01793 234439

Find Online: www.homeinstead.co.uk/swindon/swindon-wow-guide/

DEMENTIA COMMUNITY CALENDAR: SEPTEMBER 2024

Mon	Tues	Wed	Thurs	Fri
<p>2nd Sept: Wyvern Memory Café 10.30-12pm</p> <p>Freshbrook Singing for the Brain 10.30-12pm</p>	<p>3rd Sept: Love & Loss Peer Group 10.30-12pm Swindon Carers</p>	<p>4th Sept: Cricklade Memory Café 10.30-12pm</p> <p>Pinetrees Memory Café 1.30pm—3.30pm</p> <p>Swindon Carers Dementia Peer Support Group 2.15 –3.45pm</p>	<p>5th Sept: Covingham Singing for the Brain 2-3.30pm</p> <p>Orchid Memory Club 2.30-4pm</p>	<p>6th Sept: Friendship Fridays Highworth 10-12pm</p> <p>Chiseldon Memory Café 10.30-12pm</p>
<p>9th Sept: Freshbrook Singing for the Brain 10.30-12pm</p> <p>Lydiard Walk & Talk 11.00-12.30pm</p>	<p>10th Sept:</p>	<p>11th Sept: Haydon Wick Memory Café 10.30-12.30pm</p> <p>Memory Cinema: Meet Me in St. Louis 10.30 for 11am</p> <p>Love to Move Highworth 1.45pm-3.15pm</p>	<p>12th Sept:</p>	<p>13th Sept: Friendship Fridays Highworth 10-12pm</p> <p>Highworth Forget Me Not Sandwich & Sing 12.30-2pm</p>
<p>16th Sept: Freshbrook Singing for the Brain 10.30-12pm</p>	<p>17th Sept: Meadowcroft Good To Sing 10-12pm</p> <p>Love & Loss Peer Group 10.30-12pm Swindon Carers</p>	<p>18th Sept: Dementia Voice (young onset dementia group) 10.30am—12pm</p> <p>Pinetrees Memory Café 1.30pm—3.30pm</p>	<p>19th Sept: Sporting Memory Café 10.30-12pm</p> <p>Orchid Memory Club 2.30-4pm</p> <p>Covingham Singing for the Brain 2-3.30pm</p>	<p>20th Sept: Friendship Fridays Highworth 10-12pm</p> <p>Wroughton Making Memories Café 10.30-12pm</p>
<p>23rd Sept: Freshbrook Singing for the Brain 10.30-12pm</p>	<p>24th Sept:</p>	<p>25th Sept: Haydon Wick Memory Café 10.30-12.30pm</p> <p>Highworth Forget-Me-Not Café 2-4pm</p>	<p>26th Sept: Companionship Café Haydon Wick 10-11.30am</p>	<p>27th Sept: Friendship Fridays Highworth 10-12pm</p> <p>Highworth Forget Me Not Sandwich & Sing 12.30-2pm</p>
<p>30th Sept: Freshbrook Singing for the Brain 10.30-12pm</p>				

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DEMENTIA SPECIFIC CALENDAR: OCTOBER 2024

Mon	Tues	Wed	Thurs	Fri
	1st Oct: Love & Loss Peer Group 10.30-12pm Swindon Carers	2nd Oct: Cricklade Memory Café 10.30-12pm Pinetrees Memory Café 1.30pm—3.30pm Swindon Carers Dementia Peer Support Group 2.15 –3.45pm	3rd Oct: Covingham Singing for the Brain 2-3.30pm Orchid Memory Club 2.30-4pm	4th Oct: Friendship Fridays Highworth 10-12pm Chiseldon Memory Café 10.30-12pm
7th Oct: Freshbrook Singing for the Brain 10.30-12pm Wyvern Memory Café 10.30-12pm	8th Oct:	9th Oct: Haydon Wick Memory Café 10.30-12.30pm Love to Move Highworth 1.45pm-3.15pm	10th Oct: Wyvern Memory Sing 2.30-3.30pm	11th Oct: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Sandwich & Sing 12.30-2pm
14th Oct: Freshbrook Singing for the Brain 10.30-12pm Lydiard Walk & Talk 11.00-12.30pm	15th Oct: Meadowcroft Good To Sing 10-12pm Love & Loss Peer Group 10.30-12pm Swindon Carers	16th Oct: Dementia Voice (young onset dementia group) 10.30am—12pm Pinetrees Memory Café 1.30pm—3.30pm	17th Oct: Sporting Memory Café 10.30-12pm Covingham Singing for the Brain 2-3.30pm Orchid Memory Club 2.30-4pm	18th Oct: Friendship Fridays Highworth 10-12pm Wroughton Making Memories Café 10.30-12pm
21st Oct: Freshbrook Singing for the Brain 10.30-12pm	22nd Oct:	23rd Oct: Haydon Wick Memory Café 10.30-12.30pm Memory Cinema: “The Hound of the Baskervilles” 10.30 for 11am Highworth Forget-Me-Not Café 2-4pm	24th Oct: Companionship Café Haydon Wick 10-11.30am	25th Oct: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Sandwich & Sing 12.30-2pm
28th Oct: Freshbrook Singing for the Brain 10.30-12pm	29th Oct:	30th Oct:	31st Oct: Orchid Memory Club 2.30-4pm	

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DEMENTIA SPECIFIC CALENDAR: NOVEMBER 2024

Mon	Tues	Wed	Thurs	Fri
N/A	N/A	N/A	N/A	1st Nov Friendship Fridays Highworth 10-12pm Chiseldon Memory Café 10.30-12pm
4th Nov: Freshbrook Singing for the Brain 10.30-12pm Wyvern Memory Café 10.30am-12pm	5th Nov: Love & Loss Peer Group 10.30-12pm Swindon Carers	6th Nov: Cricklade Memory Café 10.30-12pm Pinetrees Memory Café 1.30pm—3.30pm Swindon Carers Dementia Peer Support Group 2.15 –3.45pm	7th Nov: Covingham Singing for the Brain 2-3.30pm	8th Nov: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Sandwich & Sing 12.30-2pm
11th Nov: Freshbrook Singing for the Brain 10.30-12pm Lydiard Walk & Talk new time: 11.00-12.30pm	12th Nov:	13th Nov: Haydon Wick Memory Café 10.30-12.30pm Memory Cinema: “Brigadoon”10.30 for 11am. Love to Move Highworth 1.45pm-3.15pm	14th Nov: Wyvern Memory Sing 2.30-3.30pm Orchid Memory Club 2.30-4pm	15th Nov: Friendship Fridays Highworth 10-12pm Wroughton Making Memories Café 10.30-12pm
18th Nov: Freshbrook Singing for the Brain 10.30-12pm	19th Nov: Meadowcroft Good To Sing 10-12pm Love & Loss Peer Group 10.30-12pm Swindon Carers	20th Nov: Dementia Voice (young onset dementia group) 10.30am—12pm Pinetrees Memory Café 1.30-3.30pm	21st Nov: Sporting Memory Café 10.30-12pm Covingham Singing for the Brain 2-3.30pm	22nd Nov: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Sandwich & Sing 12.30-2pm
25th Nov: Freshbrook Singing for the Brain 10.30-12pm	26th Nov:	27th Nov: Haydon Wick Memory Café 10.30-12.30pm Highworth Forget Me Not Memory Café 2-4pm	28th Nov: Companionship Café Haydon Wick 10-11.30am Orchid Memory Club 2.30-4pm	29th Nov: Friendship Fridays Highworth 10-12pm

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DEMENTIA SPECIFIC CALENDAR: DECEMBER 2024

Mon	Tues	Wed	Thurs	Fri
<p>2nd Dec: Wyvern Memory Café 10.30am-12pm</p> <p>Freshbrook Singing for the Brain 10.30-12pm</p>	<p>3rd Dec: Love & Loss Peer Group 10.30-12pm Swindon Carers</p>	<p>4th Dec: Cricklade Memory Café 10.30 -12pm</p> <p>Pinetrees Memory Café 1.30pm—3.30pm</p> <p>Swindon Carers Dementia Peer Support Group 2.15 –3.45pm</p>	<p>5th Dec: Covingham Singing for the Brain 2-3.30pm</p>	<p>6th Dec: Friendship Fridays Highworth 10-12pm</p> <p>Chiseldon Memory Café 10.30—12pm</p>
<p>9th Dec: Freshbrook Singing for the Brain 10.30-12pm</p> <p>Lydiard Walk & Talk 11.30-12.30pm</p>	<p>10th Dec:</p>	<p>11th Dec: Haydon Wick Memory Café 10.30-12.30pm</p> <p>Memory Cinema: “Miracle on 24th Street””10.30 for 11am</p> <p>Highworth Forget-Me-Not Memory Café 2-4pm (in place of 25th Dec)</p>	<p>12th Dec: Wyvern Memory Sing 2.30-3.30pm</p> <p>Orchid Memory Club 2.30-4pm</p>	<p>13th Dec: Friendship Fridays Highworth 10-12pm</p> <p>Highworth Forget Me Not Sandwich & Sing 12.30-2pm</p>
<p>16th Dec: Freshbrook Singing for the Brain 10.30-12pm</p>	<p>17th Dec: Meadowcroft Good To Sing 10-12pm</p> <p>Love & Loss Peer Group 10.30-12pm Swindon Carers</p>	<p>18th Dec: Dementia Voice (young on-set dementia group) 10.30am—12pm</p> <p>Pinetrees Memory Café 1.30pm—3.30pm</p>	<p>19th Dec: Sporting Memory Café 10.30-12pm</p> <p>Covingham Singing for the Brain 2-3.30pm</p>	<p>20th Dec Friendship Fridays Highworth 10-12pm</p> <p>Wroughton Making Memories Café 10.30-12pm</p>
<p>23rd Dec: Freshbrook Singing for the Brain 10.30-12pm</p>	<p>24th Dec: CHRISTMAS EVE</p>	<p>25th Dec: CHRISTMAS DAY!</p>	<p>26th Dec: BOXING DAY</p>	<p>27th Dec: Friendship Fridays Highworth 10-12pm</p> <p>Highworth Forget Me Not Sandwich & Sing 12.30-2pm</p>
<p>30th Dec:</p>	<p>31st Dec: NEW YEAR’S EVE</p>			

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DEMENTIA CALENDAR: Venues & Contacts

- **Wyvern Memory Café:** Lower Foyer, Wyvern Theatre, Swindon.
Contact: owebb@wyverntheatre.org.uk or call 01793 509039 to register.
- **Haydon Wick Memory Café/Companionship Cafe:** Haydon Wick Bowls Club/
Haydon Wick Parish Council Office. Thames Avenue.
Contact: memorycafe@haydonwick.gov.uk or call 01793 722446 / 07889 233916.
- **Pinetrees Memory Café:** Pinetrees Community Centre, Swindon.
Contact: debra.pinetrees@yahoo.com 07801358135
- **Highworth Forget-Me-Not-Café & Sandwich & Sing:** Highworth Community Centre & St Michael's.
Contact Forgetmenot.highworth@gmail.com or call 07970 543423.
- **Sporting Memory Café:** Swindon Town Football Club Foundation
Contact: shane@stfcfoundation.com
- **Chiseldon Memory Café:** Church Hall, Butts Road, Chiseldon.
Contact: paul.sunners@btinternet.com
- **Wroughton Making Memories Café:** Prospect Hospice, Wroughton.
Contact: nkingsbury@swindon.gov.uk



Swindon Town FC
Community Foundation



DEMENTIA CALENDAR: Venues & Contacts

- **Freshbrook & Covingham Singing for the Brain/ Dementia Voice: (*Must book in advance*)** Freshbrook Community Centre & St. Paul's Covingham / The Community Room, Tesco Extra Ocotal Way, Swindon.
Contact Karen.owen@alzheimers.org.uk or call 07512 716473.
- **Singing for the Brain :** Meadowcroft Community Centre, Addison Crescent, Swindon.
Contact: alisonporter@hotmail.com
- **Friendship Fridays:** Council rooms, Gilberts Lane, Highworth.
Contact: Forgetmenot.highworth@gmail.com or call 07970 543423.
- **Love to Move:** Highworth Community Centre, Highworth.
Contact: love2move.highworth@gmail.com
- **Swindon Carers Peer Support Dementia Group/ Love & Loss Group / Dementia Friendly Walk & Talk:** Christchurch Community Centre /Venue tbc/ Lydiard Park Swindon.
Contact: Heather.goldsmith@swindoncarers.org.uk or call 07841 503849
- **Memory Cinema:** The Arts Centre, Swindon. To book:
<https://trafalgartickets.com/swindon-arts-centre/en-GB/whats-on>
or call [0343 310 0040](tel:03433100040)
- **Memory Sing:** The Arts Centre. owebb@wyverntheatre.org.uk or call 01793 535534
- **Orchid Memory Club: *Must book in advance.*** Orchid Care Home, 14 Guernsey Lane.
Contact: orchidactivities@angelcareplc.co.uk 01793 753 336
- **Cricklade Memory Cafe:** Cricklade Town Hall Annex, Cricklade (for people living in Cricklade & Latton, Minety, Leigh, Purton & areas in between) 07976620089 or 07896723794.



About Home Instead:

Home Instead is an award-winning home care provider helping older adults age safely in the place they enjoy most their own home.

We home services including companionship, home help and housekeeping, personal care, specialist dementia care, live-in care and caring technology.

We work with our clients to provide flexible, personalised home care based on their specific needs.

All our visits are a minimum of 1 hour and our Care Professionals are hand-picked for their character and values and expertly trained to support older people and their families.

To find out more about the services we offer contact us at

Home Instead Swindon and Vale of White Horse:

Telephone: 01793 234 439

Email: cat.attewell@homeinsteadswindon.co.uk

Address: Unit 29c, Shrivenham 100 Business Park, Majors Road, Swindon SN6 8TZ

Web: www.homeinstead.co.uk/Swindon

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To us, it's personal

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