Swindon WOW Guide V1 Dementia Community Calendar May to August 2024





The Dementia Community Calendar is a handy calendar about groups and events specifically for those living with dementia in and around Swindon, over a 4 month period. These and many more activities suitable for older people in general are also available in the main Swindon WOW Guide.

Both the Swindon WOW Guide and the Dementia Community Calendar are put together by Home Instead Swindon, in partnership with the Swindon Dementia Action Alliance and the local dementia-friendly community. To be added to the email distribution list for either please contact:

<u>cat.attewell@homeinsteadswindon.co.uk</u> or call 01793 232 585.





Scan this QR Code with your smart phone camera to find this document on line.

This takes you to the Swindon WOW Guide webpage where both the Swindon WOW Guide and the Dementia Community Calendar can be found. Once on the webpage **scroll down** to find the link to the Dementia Community Calendar below the link to the Swindon WOW Guide.



DEMENTIA COMMUNITY CALENDAR: May 2024

Mon	Tues	Wed	Thurs	Fri
		1st May: Cricklade Memory Café 10.30-12pm Pinetrees Memory Café 1.30pm— 3.30pm Swindon Carers Dementia Peer Support Group 2.15 –3.45pm	2nd May: Orchid Memory Club 2.30-4pm	3rd May: Friendship Fridays Highworth 10-12pm Chiseldon Memory Café 10.30-12pm
6th May: BANK HOLIDAY	7th May: Love & Loss Peer Group 10.30-12pm Swindon Carers	8th May: Haydon Wick Memory Café 10.30-12.30pm Love to Move Highworth 1.45pm- 3.15pm	9th May: Olive Tree Memory Café 10.30-12pm Covingham Singing for the Brain 2-3.30pm	10th May: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Choir 12.30-2pm
13th May: Freshbrook Singing for the Brain 10.30- 12pm Lydiard Walk & Talk 11.30- 12.30pm	14th May:	15th May: Dementia Voice (young onset dementia group) 10.30am— 12pm Memory Cinema: 10.30 for 11am: "The Lavender Hill Mob" Pinetrees Memory Café 1.30pm— 3.30pm	16th May: Sporting Memory Café 10.30-12pm Wyvern Memory Sing 12.30pm Orchid Memory Club 2.30-4pm	17th May: Friendship Fridays Highworth 10-12pm Wroughton Making Memories Café 10.30-12pm
20th May: Freshbrook Singing for the Brain 10.30-12pm	21st May: Meadowcroft Good To Sing 10-12pm Love & Loss Peer Group 10.30-12pm Swindon Carers	22nd May: Haydon Wick Memory Ca- fé 10.30-12.30pm Highworth Forget-Me-Not Café 2- 4pm	23rd May: Covingham Singing for the Brain 2-3.30pm	24th May: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Choir 12.30-2pm
27th May: BANK HOLIDAY	28th May:	29th May:	30th May: Orchid Memory Club 2.30-4pm	31st May: Friendship Fridays Highworth 10-12pm

Swindon Dementia Community Calendar is produced by Home Instead Swindon

For Care Enquiries: www.homeinstead.co.uk/swindon or call 01793 988515

DEMENTIA SPECIFIC CALENDAR: June 2024

Mon	Tues	Wed	Thurs	Fri
3rd Jun: Freshbrook Singing for the Brain 10.30-12pm Wyvern Memory Café 10.30-12pm	4th Jun: Love & Loss Peer Group 10.30- 12pm Swindon Carers	5th Jun: Cricklade Memory Café 10.30-12pm Pinetrees Memory Café 1.30pm— 3.30pm Swindon Carers Dementia Peer Support Group 2.15 –3.45pm	6th Jun: Covingham Singing for the Brain 2-3.30pm	7th Jun: Friendship Fridays High- worth 10-12pm Chiseldon Memory Café 10.30- 12pm
10th Jun: Freshbrook Singing for the Brain 10.30-12pm Lydiard Walk & Talk 11.30-12.30pm	11th Jun:	12th Jun: Haydon Wick Memory Café 10.30-12.30pm Memory Cinema: "Annie Get Your Gun" 10.30 for 11am Love to Move Highworth 1.45pm-3.15pm	13th Jun: Olive Tree Memory Café 10.30-12pm Orchid Memory Club 2.30-4pm	14th Jun: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Choir 12.30-2pm
17th Jun: Freshbrook Singing for the Brain 10.30-12pm	18th Jun: Mead- owcroft Good To Sing 10-12pm Love & Loss Peer Group 10.30-12pm Swindon Carers	19th Jun: Dementia Voice (young on- set dementia group) 10.30am— 12pm Pinetrees Memory Café 1.30pm— 3.30pm	20th Jun: Sporting Memory Ca- fé 10.30-12pm Wyvern Memory Sing 12.30pm Covingham Singing for the Brain 2-3.30pm	21st Jun: Friendship Fridays Highworth 10-12pm Wroughton Making Memories Café 10.30-12pm
24th Jun: Freshbrook Singing for the Brain 10.30-12pm	25th Jun:	26th Jun: Haydon Wick Memory Café 10.30- 12.30pm Highworth Forget-Me-Not Café 2- 4pm	27th Jun: Orchid Memory Club 2.30-4pm	28th Jun: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Choir 12.30-2pm

DEMENTIA SPECIFIC CALENDAR: July 2024

Mon	Tues	Wed	Thurs	Fri
1st Jul: Wyvern Memory Café 10.30am- 12pm Freshbrook Singing for the Brain 10.30-12pm	2nd Jul: Love & Loss Peer Group 10.30- 12pm Swindon Carers	3rd Jul: Cricklade Memory Café 10.30- 12pm Pinetrees Memory Café 1.30pm— 3.30pm Swindon Carers Dementia Peer Support Group 2.15 –3.45pm	4th Jul: Memory Move at The Arts Centre 1.30pm Covingham Singing for the Brain 2-3.30pm	5th Jul: Friendship Fridays High- worth 10-12pm Chiseldon Memory Café 10.30- 12pm
8th Jul: Freshbrook Singing for the Brain 10.30-12pm Lydiard Walk & Talk 11.30-12.30pm 15th Jul: Freshbrook Singing for the Brain 10.30-12pm	9th Jul: 16th Jul: Meadowcroft Good To Sing 10-12pm Love & Loss Peer Group 10.30-12pm Swindon	10th Jul: Haydon Wick Memory Café 10.30-12.30pm Love to Move Highworth 1.45pm-3.15pm 17th Jul: Dementia Voice (young onset dementia group) 10.30am—12pm	11th Jul: Olive Tree Memory Café 10.30-12pm Sporting Memory Café 10.30- 12pm Orchid Memory Club 2.30-4pm 18th Jul: Wyvern Memory Sing 12.30pm Covingham Singing for the Brain 2-3.30pm	12th Jul: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Choir 12.30-2pm 19th Jul: Friendship Fridays Highworth 10-12pm Wroughton Making Memories Café 10.30-12pm
22nd Jul: Freshbrook Singing for the Brain 10.30-12pm	Carers 23rd Jul:	Pinetrees Memory Café 1.30pm— 3.30pm 24th Jul: Haydon Wick Memory Café 10.30-12.30pm Highworth Forget Me Not Memory Café 2-4pm	25th Jul: Orchid Memory Club 2.30-4pm	26th Jul: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Choir 12.30-2pm
29th Jul: Freshbrook Singing for the Brain 10.30-12pm	30th Jul:	31st Jul:	N/A	N/A

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DEMENTIA SPECIFIC CALENDAR: August 2024

Tues	Wed	Thurs	Fri
N/A	N/A	1st Aug: Covingham Singing for the Brain 2-3.30pm	2nd Aug: Friendship Fridays Highworth 10-12pm
			Chiseldon Memory Café 10.30—12pm
ook 6th Aug: Love & Loss rain Peer Group 10.30-	7th Aug: Cricklade Memory Café 10.30- 12pm	8th Aug: Olive Tree Memory Café 10.30-12pm	9th Aug: Friendship Fridays Highworth 10-12pm
12pm Swindon Carers	Pinetrees Memory Café 1.30pm— 3.30pm	Orchid Memory Club 2.30- 4pm	Highworth Forget Me Not Choir 12.30- 2pm
	Swindon Carers Dementia Peer Support Group 2.15 –3.45pm		
rook 13th Aug:	14th Aug: Haydon Wick Memory Café 10.30-12.30pm	15th Aug: Wyvern Memory Sing 12.30pm	16th Aug: Friendship Fridays High- worth 10-12pm
- Talk	Love to Move Highworth 1.45pm- 3.15pm	Covingham Singing for the Brain 2-3.30pm	Wroughton Making Memories Café 10.30-12pm
rook 20th Aug: Mead- rain owcroft Good To Sing 10-12pm	21st Aug: Dementia Voice (young onset dementia group) 10.30am—12pm Pinetrees Memory Café 1.30pm—	22nd Aug: Orchid Memory Club 2.30-4pm	23rd Aug: Friendship Fridays High- worth 10-12pm Highworth Forget Me Not Choir 12.30-
Love & Loss Peer Group 10.30-12pm Swindon Carers	3.30pm		2pm
27th Aug:	28th Aug: Haydon Wick Memory Café 10.30-12.30pm Highworth Forget-Me-Not Memory	29th Aug:	30th Aug: Friendship Fridays High- worth 10-12pm
	ers	28th Aug: Haydon Wick Memory Café 10.30-12.30pm	28th Aug: Haydon Wick Memory Café 10.30-12.30pm Highworth Forget-Me-Not Memory

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DEMENTIA CALENDAR: Venues & Contacts

• Wyvern Memory Café: Lower Foyer, Wyvern Theatre, Swindon.

Contact: owebb@wyverntheatre.org.uk or call 01793 509039 to register.

Haydon Wick Memory Café: Haydon Wick Bowls Club. Thames Avenue.

Contact: memorycafe@haydonwick.gov.uk or call 01793 722446 / 07889 233916.

Pinetrees Memory Café: Pinetrees Community Centre, Swindon.

Contact: debra.pinetrees@yahoo.com 07801358135

• **Highworth Forget-Me-Not-Café & Choir**: Highworth Community Centre & St Michael's. Contact Forgetmenot.highworth@gmail.com or call 07970 543423.

Sporting Memory Café: Swindon Town Football Club Foundation

Contact: shane@stfcfoundation.com

Olive Tree Memory Café: by Alzheimer's Society at Manor Garden Centre.

Contact: karen.owen@alzheimers.org.uk or call 07512 716473

Chiseldon Memory Café: Church Hall, Butts Road, Chiseldon.

Contact: Paul.sunners@btinternet.com

Wroughton Making Memories Café: Prospect Hospice, Wroughton.

Contact: nkingsbury@swindon.gov.uk















DEMENTIA CALENDAR: Venues & Contacts

• Freshbrook & Covingham Singing for the Brain/ Dementia Voice: (*Must book in advance*) Freshbrook Community Centre & St. Paul's Covingham / The Community Room, Tesco Extra Ocotal Way, Swindon.

Contact Karen.owen@alzheimers.org.uk or call 07512 716473.

• Singing for the Brain: Meadowcroft Community Centre, Addison Crescent, Swindon.

Contact: alisonporter@hotmail.com

• Friendship Fridays: Council rooms, Gilberts Lane, Highworth.

Contact: Forgetmenot.highworth@gmail.com or call 07970 543423.

Love to Move: Highworth Community Centre, Highworth.

Contact: love2move.highworth@gmail.com



Contact: Heather.goldsmith@swindoncarers.org.uk or call 07841 503849

- Memory Cinema: The Arts Centre, Swindon. To book:
 https://trafalgartickets.com/swindon-arts-centre/en-GB/whats-on
 or call 0343 310 0040
- Memory Sing: The Arts Centre. owebb@wyverntheatre.org.uk or call 01793 535534
- Orchid Memory Club: *Must book in advance*. Orchid Care Home, 14 Guernsey Lane. Contact: orchidactivities@angelcareplc.co.uk 01793 753 336
- Cricklade Memory Cafe: Cricklade Town Hall Annex, Cricklade (for people living in Cricklade & Latton) Includes light refreshments and entertainment/social activities.









About Home Instead:

Home Instead is an award-winning home care provider helping older adults age safely in the place they enjoy most their own home.

We home services including companionship, home help and housekeeping, personal care, specialist dementia care, live-in care and caring technology.

We work with our clients to provide flexible, personalised home care based on their specific needs.

All our visits are a minimum of 1 hour and our Care Professionals are hand-picked for their character and values and expertly trained to support older people and their families.

To find out more about the services we offer contact us at

Home Instead Swindon and Vale of White Horse:

Telephone: 01793 232 585

Email: cat.attewell@homeinsteadswindon.co.uk

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